

Arianna's Nutrition Expedition
 Colorado State Content Standards Alignment
 Grade 4

Activity	Program Learning Objectives	Related Standards from Colorado
Activity 1: <i>Arianna Bones and the Case of the Missing Food Groups</i>	Identify the Five Food Groups Classify foods into the Five Food Groups Read text, determine main idea, and identify relevant supporting details and facts Identify and use knowledge of homophones to expand vocabulary and understand text Use pre-writing strategies, such as webbing	Science Standard 3.3 Science Standard 3.3 Reading/Writing Standard 1 Reading/Writing Standard 3 Reading/Writing Standard 2
Activity 2: <i>Arianna Bones and the "Great-Mysteries-of-Nutrition" Pavilion</i>	Discuss importance of health benefits for a healthy lifestyle Identify health benefits for each of the Five Food Groups Identify health benefits for each of the Five Food Groups Read text, determine main idea, and identify relevant supporting details and facts Improve comprehension by making connections between text and self Communicate acquired information in a nonprint format, such as a map	Science Standard 3.3 Science Standard 3.3 Science Standard 3.3 Reading/Writing Standard 1 Reading/Writing Standard 1 Social Studies 1.1
Activity 3: <i>Arianna in Antarctica</i>	Identify one or two key nutrients for each of the Five Food Groups Explain how foods in the "Others" category differ from Five Food Group foods Demonstrate an accurate understanding of information in a text by focusing on the key ideas explained explicitly or implicitly and making connections between this text and another text	Science Standard 3.3 Science Standard 3.3 Reading/Writing Standard 4 Reading/Writing Standard 6

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Activity 4: Marcus's Big City Adventure	Classify foods into the Five Food Groups Name the recommended number of servings from each of the Five Food Groups Improve comprehension by making connections between text and self Use a combination of word analysis and vocabulary strategies to identify words Demonstrate comprehension by applying information obtained from age-appropriate fiction to simple tables and charts	Science Standard 3.3 Science Standard 3.3 Reading/Writing Standard 1 Reading/Writing Standard 1 Reading/Writing Standard 2
Activity 5: Arianna Travels The Orient Express	Name the recommended number of servings from each of the Five Food Groups Assess food choices in terms of the Five Food Groups	Science Standard 3.3 Science Standard 3.3
Activity 6: Arianna And The Combination Cookbook	Identify health benefits for each of the Five Food Groups Identify one or two key nutrients for each of the Five Food Groups Explain and identify Combination Foods Use synonyms to define words Develop hypotheses based upon prior knowledge and information from text	Science Standard 3.3 Science Standard 3.3 Science Standard 3.3 Reading/Writing Standard 3 Reading/Writing Standard 1
Activity 7: The Riddle of the Playground Cave	Name the recommended number of servings from each of the Five Food Groups Demonstrate that Combination Foods can help meet the daily recommended number of servings from each of the Five Food Groups Understand the elements of plot by retelling the story Write creatively for a specified purpose and audience	Science Standard 3.3 Science Standard 3.3 Reading/Writing Standard 1 Reading/Writing Standard 2

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<p>Activity 8: <i>Adventures Remembered</i></p>	<p>Identify health benefits for each of the Five Food Groups</p> <p>Name the recommended number of servings from each of the Five Food Groups</p> <p>Write creatively for a specified purpose and audience</p> <p>Communicate acquired information in a nonprint format, such as a map, diagram or illustration</p>	<p>Science Standard 3.3</p> <p>Science Standard 3.3</p> <p>Reading/Writing Standard 2</p> <p>Social Studies 1.1</p>