

*Little D's Nutrition Expedition*  
 Montana State Content Standards Alignment  
 Grade 2

*Please note: Montana's Content standards have benchmarks for Fourth grade and above, so only general content standards are listed here.*

<b>Activity</b>	<b>Program Learning Objectives</b>	<b>Related Standards from Montana</b>
Activity 1: <b><i>Meet the Royal Family</i></b>	Name the Five Food Groups  Identify and compare characters in a story  Use information in text to make predictions  Listen in order to respond appropriately through movements	Health 1  Reading 2  Reading 1  Speaking and Listening 2
Activity 2: <b><i>Holly and the Milk Group</i></b>	Identify and classify foods into the Five Food Groups  Identify a health benefit of each of the Five Food Groups  Read fictional material for a specific purpose  Listen in order to respond appropriately through movements  Complete a task for which two or more steps are given orally  Explain the function of bones and teeth  Understand that milk is produced on a farm	Health 1  Health 1  Reading 4  Speaking and Listening 2  Speaking and Listening 2  Health 1  Social Studies 5

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Activity 3: <b>King Henry's Meat Group</b>	Identify and classify foods into the Five Food Groups  Identify a health benefit of each of the Five Food Groups  Listen in order to respond appropriately through movements  Classify foods into plant or animal sources	Health 1  Health 1  Speaking and Listening 2  Science 3
Activity 4: <b>Princess Peapod's Vegetable Group</b>	Identify and classify foods into the Five Food Groups  Identify a health benefit of each of the Five Food Groups  Use adjectives in writing  Listen in order to respond appropriately through movements	Health 1  Health 1  Writing 1  Speaking and Listening 2
Activity 5: <b>Queen Anna Banana's Fruit Group</b>	Identify and classify foods into the Five Food Groups  Identify a health benefit of each of the Five Food Groups  Use phonemic awareness to identify rhyming words  Use appropriate pre-writing strategies to generate and organize ideas with teacher assistance  Experiment with different forms of writing, including poetry	Health 1  Health 1  Reading 2  Writing 2  Writing 5

Activity	Program Learning Objectives	Related Standards from Montana
Activity 6: <b>Prince Waffles Grain Group</b>	Identify and classify foods into the Five Food Groups  Identify a health benefit of each of the Five Food Groups  Use appropriate pre-writing strategies to generate and organize ideas with teacher assistance  Experiment with different forms of writing, including riddles  Solve simple problems using money	Health 1  Health 1  Writing 2  Writing 5  Math 2
Activity 7: <b>We Need All Five</b>	Explain the need to eat foods from all Five Food Groups to stay healthy  Demonstrate appropriate use of nouns, adjectives and verbs  Listen in order to respond appropriately through movements	Health 1  Writing 1  Speaking and Listening 2
Activity 8: <b>The Dragon's Tail</b>	Identify a health benefit of each of the Five Food Groups  Identify foods in the "Others" category  Use information in text to make predictions  Use information in text to explore cause and effect	Health 1  Health 1  Reading 1  Reading 4
Activity 9: <b>Smart Snacking Dragon</b>	Describe and plan a "Smart Snack"  Discuss prior knowledge and relate it to text before reading	Health 1  Reading 1

Activity	Program Learning Objectives	Related Standards from Montana
Activity 10: <b><i>Healthfully Ever After</i></b>	Describe and plan a “Smart Snack”  Plan a meal using all Five Food Groups  Identify/compare a character’s attributes across stories  Listen in order to respond appropriately through movements	Health 1  Health 1  Reading 2  Speaking and Listening 2