

*Arianna's Nutrition Expedition*  
 Montana State Content Standards Alignment  
 Grade 4

Activity	Program Learning Objectives	Related Standards from Montana
Activity 1: <b><i>Arianna Bones and the Case of the Missing Food Groups</i></b>	Identify the Five Food Groups Name 3-5 foods in each of the Five Food Groups Classify foods into the Five Food Groups Read text, determine main idea, and identify relevant supporting details and facts Identify and use knowledge of homophones to expand vocabulary and understand text Use pre-writing strategies, such as webbing	Health Standard 1.4 Health Standard 1.4 Health Standard 1.4 Reading 1.4 Reading 2.1 Writing 2.1
Activity 2: <b><i>Arianna Bones and the "Great-Mysteries-of-Nutrition" Pavilion</i></b>	Discuss importance of health benefits for a healthy lifestyle Identify health benefits for each of the Five Food Groups Read text, determine main idea, and identify relevant supporting details and facts Improve comprehension by making connections between text and self Communicate acquired information in a nonprint format, such as a map, diagram or illustration	Health Standard 1.4 Health Standard 1.4 Reading 1.4 Reading 1.1 Writing 6.4
Activity 3: <b><i>Arianna in Antarctica</i></b>	Identify one or two key nutrients for each of the Five Food Groups Explain how foods in the "Others" category differ from Five Food Group foods Demonstrate an accurate understanding of information in a text by focusing on the key ideas explained explicitly or implicitly and making connections between this text and another text	Health Standard 1.4 Health Standard 1.4 Reading 5

Activity	Program Learning Objectives	Related Standards from Montana
Activity 3: continued	<p>Write a fully developed paragraph using proper form</p> <p>Use information from simple tables, maps and charts to increase comprehension</p>	<p>Writing 1.1</p> <p>Writing 6.2</p>
Activity 4: <b><i>Marcus's Big City Adventure</i></b>	<p>Classify foods into the Five Food Groups</p> <p>Name the recommended number of servings from each of the Five Food Groups</p> <p>Improve comprehension by making connections between text and self</p> <p>Use a combination of word analysis and vocabulary strategies to identify words</p> <p>Demonstrate comprehension by applying information obtained from age-appropriate fiction to simple tables and charts</p>	<p>Health Standard 1.4</p> <p>Health Standard 1.4</p> <p>Reading 1.1</p> <p>Reading 2.6</p> <p>Reading 2.4</p>
Activity 5: <b><i>Arianna Travels The Orient Express</i></b>	<p>Name the recommended number of servings from each of the Five Food Groups</p> <p>Assess food choices in terms of the Five Food Groups</p> <p>Demonstrate comprehension by applying information obtained from age-appropriate fiction to simple tables and charts</p> <p>Organize ideas by drawing upon sequencing skills</p>	<p>Health Standard 1.4</p> <p>Health Standard 1.4</p> <p>Reading 2.4</p> <p>Writing 2.1</p>
Activity 6: <b><i>Arianna And The Combination Cookbook</i></b>	<p>Identify health benefits for each of the Five Food Groups</p> <p>Identify one or two key nutrients for each of the Five Food Groups</p> <p>Explain and identify Combination Foods</p> <p>Use synonyms to define words</p> <p>Develop hypotheses based upon prior knowledge and information from text</p>	<p>Health Standard 1.4</p> <p>Health Standard 1.4</p> <p>Health Standard 1.4</p> <p>Reading 2.7</p> <p>Reading 1.1</p>

<b>Activity</b>	<b>Program Learning Objectives</b>	<b>Related Standards from Montana</b>
<p>Activity 7: <b><i>The Riddle of the Playground Cave</i></b></p>	<p>Name the recommended number of servings from each of the Five Food Groups</p> <p>Demonstrate that Combination Foods can help meet the daily recommended number of servings from each of the Five Food Groups</p> <p>Understand the elements of plot by retelling the story</p> <p>Write creatively for a specified purpose and audience</p>	<p>Health Standard 1.4</p> <p>Health Standard 1.4</p> <p>Reading 1.5</p> <p>Writing 4.1</p>
<p>Activity 8: <b><i>Adventures Remembered</i></b></p>	<p>Identify health benefits for each of the Five Food Groups</p> <p>Identify one or two key nutrients for each of the Five Food Groups</p> <p>Name the recommended number of servings from each of the Five Food Groups</p> <p>Explain and identify Combination Foods</p> <p>Write creatively for a specified purpose and audience</p> <p>Communicate acquired information in a nonprint format, such as a map, diagram or illustration</p>	<p>Health Standard 1.4</p> <p>Health Standard 1.4</p> <p>Health Standard 1.4</p> <p>Health Standard 1.4</p> <p>Writing 4.1</p> <p>Writing 6.4</p>